



Lahainaluna High School

Daily E-Bulletin

TODAY IS
THURSDAY, OCTOBER 13, 2022
REGULAR Schedule RED (A) :
Po'okela, 1, RECESS, 2, 3, LUNCH, 4

PLEASE SUBMIT INFINITE CAMPUS ATTENDANCE WITHIN TEN MINUTES OF START OF EACH CLASS PERIOD. ENTRIES FOR THE DAILY E-BULLETIN ARE DUE BY 1:00PM AT LEAST ONE DAY PRIOR

To jon.shigaki@k12.hi.us

DAILY BULLETIN BROADCASTED LIVE DAILY ON CHANNEL 46. If there is no TV access, please read this Daily Bulletin to your class. Mahalo!

Please check out the video at the end of today's morning broadcast concerning graduation requirements. If you are unable to see it, it is attached to today's bulletin. Mahalo!

It's day 4 of wellness week!! Check out today's informational flier on ways to reduce stress, which can be found on the Lahainaluna Instagram, Facebook, and school website. Mahalo!

Wear the color green on Friday, October 14th in tribute to mental health awareness. On that same day we will have an anonymous box activity in the cafeteria during lunch time. Please come and join!!

Throughout wellness week we will be announcing positive quotes each day. Today's quote of the day is... "live in the moment, not through your screen."

The Class of 2026 is selling class shirts on Friday during lunch. Come to J-102 with \$15 cash and support the 9th grade class!

This Friday, October 14th, the Junior class will be selling class shirts in Mrs. Quall's classroom during morning recess and lunch period. It's \$15 for a shirt and cash only. Mahalo!

Have you experienced any problems with your skin? You are not alone! Skinique is a support group for teenagers who struggle with any sort of skin problems. Come and join our first meeting on Tuesday, October 18 at P16 during lunch. Contact Fara Lei Advincula or Yvonne Abut for further information.

On Campus sports physical will be offered through Ola Loa Family Practice on Wednesday, October 19th and Friday, October 21st. For more information, please visit our school website or Facebook page. Mahalo!

Our marching band has been working extensively since June, and we are doing a show that Lahainaluna has never done before. On October 15th, we will be exchanging performances with Maui High School, here at our very own Sue D. Cooley Stadium at 6:30pm. We hoped you enjoyed our preview of our show at homecoming, and we will be doing the entire show at the Oct 14th home game. We hope to see you at either performance!

CLUB CHATTER:

Filipino Club: Just a reminder that we have a meeting this Friday at Mr. Ancheta's room during lunch

Hawaiiana Club: Practice has been moved to Thursday, October 20th at 6:30pm at the Cafeteria. See you there!

Attention Aloha Club members who will be attending this Friday's sign waving: please be sure to turn in your permission forms to either Mrs. Poouahi or Mrs. Nakata. We will be holding an optional sign making session in the library back room at lunch on Friday for anyone who still needs to complete their sign.

Japanese Club & Anime Club: Permission forms for the Halloween Cosplay Party are available in K-101 or K-102 or online. Come out on October 22 and dress up as your favorite character and win prizes! A Japanese horror movie will follow the contest. Japanese Club, we will also have a meeting this Friday at lunch in K-102 to pick the movie and sign up for the Honolulu Festival. See you there!

HOSA: To all members, we have a Lifesavers meeting **TODAY** Thursday, October 13th at L30 during lunch. Hope to see you there!

SPORTS SHORTS

Interested in playing Girls Soccer? There is a parent meeting for anyone who is planning to participate on Monday, October 17th at 5:30pm. The meeting will be at Lahaina Field next to the Boys and Girls Club. See you and your parents then!!

Are you a Surfer and interested in joining the Girls and Boys Lahainaluna Surf Team? If so please watch this short informational video on the morning broadcast and make sure you make the quick meeting in Mr. Niko's Room L30 during lunch on Wednesday, October 19th.

On Saturday, October 8th, our cross country team had their MIL Meet at Baldwin High School. Congratulations to Jack Prestage who placed 26th, Camden Fugate 32nd, Dylan Sagon 40th, and Timothy James Heile 53rd. I mua Lahainaluna!

Lahainaluna Baseball coaches will be on campus Friday, Oct 14th, during lunch, at the grassy area on the time clock side of Malo Dorm. Meet the coaches there to sign up. JV baseball starts soon!!

Breakfast: Country Breakfast Scramble with Rice, Apple Sauce, Paradise Punch Juice. Lunch: Asian or Oven Baked Chicken, Rice, Broccoli, Baked Beans, Apple Chip, Mixed Fruit, Whole Grain Roll. Cafeteria monitors, please report to the cafeteria 15 minutes before lunch period. Today's monitors are: Casey-Ann Ross, Finlay Royer, Alicia Saia, Alfrene Sana, Alea Sattel, Kalani Saucedo-Almeida.